



Carmarthenshire Land Sailing Club

Club Handbook

This revision – December 2017

Contents

- 1 - Sailing Venues
- 2 - Classes currently permitted
- 3 - Club Rules
- 4 - General Risk Assessment
- 5 - Sailing Venues Specific Risk Assessments Location Maps and Sailing Zones
- 6 - Accident Reporting Policy
- 7 - Child and Youth Protection Policy
- 8 - Club Constitution
- 9 - Website Terms and Conditions
- 10 - Contact Details

Sailing Venues

Cefn Sidan (Pembrey) - Llanelli, Carmarthenshire

Pendine Sands - Pendine, Carmarthenshire

Tenby South - Pembrokeshire

Westward Ho! – North Devon

Porth Newgale - Gwynedd

Harlech – Gwynedd

Morfa Bychan Beach (Black Rock Sands) – Gwynedd

Mochras Beach (Shell Island) down to Tal-y-bont - Gwynedd

Members are only permitted to fly on beaches/land where CLSC have received prior written permission from the land owner.

If you chose to fly at a location that the club does not have written permission, you will not be covered by CLSC insurance.

On all authorised beaches you must carry your membership card and the 2018 CLSC proof of insurance at all times when sailing. Suitable clothing & helmets displaying the 2018 sticker must be worn at all times. You must abide by the terms and conditions of the land owners, associated bodies and their representatives and ensure that local byelaws are always observed and complied with.

Location Specific Risk Assessments Location Maps and Sailing Zones can be found in section 5.

This hand book will be updated accordingly with any new sites or if the terms and conditions of use change and can be found on the club website.

Section Two

Classes permitted and regularly using CLSC's sailing venues

Class 5 Landyachts, Mini Landyachts & Blo-Karts

Class 7 Speedsails, and Kiteboards

Class 8 Parakarts

Kitewing powered landboards

Class 2&3 Yachts are not permitted to sail at Pembrey or Pendine

Section Three

Club Rules

Full Membership

Full Membership is compulsory. If you are not a member, you cannot sail on Cefn Sidan (Pembrey) Sands or Pendine Sands.

As part of your membership £10m third party insurance is provided by Aviva and HCC International Insurance Company PLC, while sailing on beaches where CLSC have received prior written permission from the land owner.

Day Guest Membership and providing an experience session

Cefn Sidan (Pembrey) and Pendine Only

As a member of the CLSC you are allowed to sign in a non-member for a day membership. You will be considered responsible for the guest during the day. You must ensure they understand and abide by the appropriate club rules and regulations, the requisite health and safety information.

They must complete a day membership which must be countersigned by yourself before going on the beach. They should also sign in to Sailing Log Book replacing the CLSC membership number with the words "Day Membership" The original forms and day fees must be sent to the Membership officer.

If you are giving guidance to an inexperienced pilot you must ensure that they complete a risk assessment form, are under your instruction at all times and must not sail unsighted.

The Club has adopted a Child and Youth Protection Policy. This must be adhered to at all times. (See separate document CLSC-CYPP)

Current guest membership is on a daily basis is limited to two days per person per calendar year. To continue to sail beyond two days per calendar year the guest member must apply for Full Club Membership

Responsibilities

On all beaches you must carry your membership card and the 2018 CLSC proof of insurance at all times when sailing. This can be down loaded from the club web site. Follow the link on your membership card. Suitable clothing & helmets displaying the 2018 sticker must be worn at all times.

On Cefn Sidan (Pembrey) and Pendine you must also sign in the Pilot's log book held within the containers before sailing on the beach and sign out on return. CLSC identification bands must be visually displayed on your craft or on your person.

All members must actively encourage any non-members found sailing on the Cefn Sidan (Pembrey) and Pendine beach to join the Club, & report any persistent offenders to Carmarthen County Council or Pendine Community Council for action.

Members are to co-operate with rangers/warden and follow their instructions, if given.

Racing can only take place on the Cefn Sidan (Pembrey) with the written permission from the Carmarthen County Council or Pendine beach with the written permission from the Pendine Community Council. Separate Risk Assessments will be produced for such events.

Members are not allowed to sail if they are under the influence of alcohol or any controlled substance.

Members must memorise the accompanying beach maps, especially the access points.

Members are advised to carry mobile phones for use in an Emergency. It is recommended that you store the following numbers.

Pembrey – Visitors Centre & HM Coastguard
Pendine – CCC Wardens, HM Coastguard & QinetiQ

All current contact numbers are displayed on the club website.

Members are expected to report any perceived danger or pollution to the relevant parties as soon as possible

In an Emergency, dial 999 & specify an ambulance with 4wd, then ring the relevant Rangers/Wardens to arrange access.

Any Accidents should be noted in the Club's accident book, in accordance with the Clubs reporting procedure.

All Club members must adhere to the clubs Child and Youth Protection policy and report any concerns to the Club Welfare Officer or other committee member.

It is important that the individual Club members keep the Club Officials & land owners informed of any incidents, accidents or unusual activity on the beach.

Members are expected to be fully familiar with the rules & practices applicable to the practical use of their particular craft, as defined by the sport's governing body, copies of which are available from the Club officials on request.

The Club will monitor all recreational sailing activity, including the size & types of wind-powered craft, to ensure the safety of all other beach users. The CLSC & landowners will constantly review the safety & viability of all new types of windpowered craft.

Overseas Events

Club insurance covers members to sail overseas where the committee has prearranged an event, where needed has written permission from the land owner and has notified the insurers of said event details.

Disciplinary Action

Antisocial behaviour towards members of the club, the general public and council / park rangers will not be tolerated on the beach.

Club members who ignore the rules, damage club property or endanger the safety of other club members and beach users will be subject to disciplinary action and face having their membership revoked.

The Club or Council may expel any member deemed to have brought the Club into disrepute, by majority vote, at a meeting of all members convened at 28 day's notice. The expelled member may re-apply for membership & the democratic process will prevail, subject to ratification by the Council.

Lapsed Memberships

The club and insurance year runs from 1st January to 31st December.

Members who have not submitted their renewals prior to 1st January, may not sail at Cefn Sidan (Pembrey) and Pendine beaches, until such time as their renewal has been received and confirmed as such by the club.

Any lapsed member sailing on either beach without having a current membership will be issued with a written warning.

In the event that a member in receipt of a written warning sails again without current membership, their details will be passed to the Carmarthenshire County Council and the Pendine Community Council.

Website, Discussion Forum & Social Media

Use of the club website, discussion forum and social media is subject to the terms and condition as posted on the site, and repeated in Section Eleven of this handbook.

Use of the site is considered as acceptance of these terms.

Members failing to abide by the terms and conditions, will have their access suspended, and in the case of repeat offences, terminated.

Container, Equipment & Kit

The club container is located in Car Park 4 in Pembrey Country Park.

Access to the container is via a numbered padlock and is restricted to CLSC members only. Access codes for the locks will be issued each year with the membership documents.

Due to the equipment and kit kept within the container all members must ensure that they lock the doors securely after each use.

The container and kit must be kept clean and tidy, ready for the next persons to use. Brushes to clean the floors and kit are kept in the container for this use.

All kit must be signed in and out of the container.

Any damage to kit or equipment must be reported to the committee as soon as possible.

Section Four

General Sailing Risk Assessment

This is a general risk assessment for Landsailing activities and should be read in conjunction with the location specific assessments for the relevant beach in section 5

1. Personal Protective Equipment

Due to the dynamic nature of Landsailing, and the environment in which is practiced, personal protective equipment is recommended for all participants. Mandatory requirements for sailing under Club Insurance is a suitable protective helmet, this should be read as the bare minimum.

A - Helmets

Protective helmets come in many shapes, sizes and specifications. The minimum recommended for all landsailing activities is a skate style open face helmet. However, the impact absorption properties of some of these types of helmet are less than desirable. Alternative options are quality downhill biking, or Moto-Cross Full-Face helmets. Purchasing the correct size is essential in ensuring the best level of protection.

Whichever type of helmet is used, it is recommended that the helmet is checked for internal or external damage before use and that the helmets chinstrap is correctly fastened before setting off. Helmets with damaged shells, lining or chin straps should not be used.

B – Eye Protection

Maintaining clear vision is essential for safe control. It is recommended that all pilots use goggles or other suitable protection to protect their eyes from sand or spray.

Pilots who require glasses or contact lenses to correct their vision to those standards required by the Department of Transport are required to wear them whilst sailing. In addition, these pilots should ensure these are protected from the elements. Spectacle wearers should ensure their glasses are suitably impact resistant and where possible are constructed from shatterproof glass or plastic.

During the summer months, it is also essential that pilots protect their eyesight from damage caused by UV light. Again, suitable goggles, sunglasses or other eyewear are highly recommended.

C – Hand Protection

Hand protection is highly recommended for all Landsailors. Friction from sheet ropes, booms and handles can cause abrasions. This is especially noticeable if hands are sandy or wet.

In addition to abrasion, hands are especially vulnerable from exposure to the elements during the colder months. Suitable windproof gloves are available from a variety of outlets including hiking and cycling suppliers. If wearing gloves however, it is important to ensure that the gloves do not impair your control or operation of your chosen class.

D – General Protection

Protection to vulnerable areas such as back, knees and elbows can be provided by using additional padding. These are a matter of personal choice but are recommended for all classes and highly recommended for Class 7, Class 8 if freestyling, and Kitewings.

Suitable impact protection is available from cycling, skating and Motocross/Motorcycle suppliers.

E – Clothing

During the colder/wetter months it is essential that the Landsailor clothe themselves appropriate for the prevalent weather conditions. Landsailing can expose you to wind, water and low temperatures. Suitable clothing to protect you from these extremes should always be worn. Care must be taken that your chosen clothing does not impair your control or operation of your yacht.

During the summer months it may seem tempting to dress casually for a day on the beach, but thought should be given to preventing skin damage from sun exposure and abrasion protection should a capsized occur.

Again suitable clothing and protection is available from a variety of suppliers.

F – Footwear

Suitable footwear providing sufficient impact protection, grip and ankle support must always be worn when landsailing.

Insulation and waterproofing are also a requirement for landsailing in the colder months.

Whilst some quality footwear is available with hook fastening laces, care should be taken that these or the laces do not catch on parts of your yacht. If necessary, protect the laces with gaiters.

2. Equipment

All pilots are responsible for their own equipment. It is recommended that pilots check their equipment thoroughly before use, especially after long periods of non-use.

Pilots using club kit must check the equipment thoroughly before and after use, reporting any damage to the committee.
Suggested things to check for each class are listed below, individual users should develop their own routine.

Class 3/5 Landyachts

All wheels rotate freely
No damage to tyres or bearings
Check all bolts/links are sufficiently tightened and secure
No damage to chassis, sail, mast, or seat
Sheet rope/s are free from damage and all pulleys operating freely
Steering/Sand Brake operates freely
No sharp protruding parts

Class 7 Speedsails / Kiteboards

All wheels rotate freely
No damage to tyres or bearings
Check all bolts are sufficiently tightened
No damage to Board, Bindings, trucks, sail, mastfoot
No sharp protruding parts

Class 8 Parakarts (Kite buggies)

All wheels rotate freely
No damage to tyres or bearings
Check all bolts are sufficiently tightened
No damage to chassis or seat
Steering operates freely
No sharp protruding parts

Kites (Class 7 and 8)

No wear/damage to lines/leaders/handles
Bridles are not tangled
Kite flies as expected and responds to stalls/turns
No damage to sail
Harness/Strops if used are in good condition
All safety releases operating freely under load

Mini Landyachts / Blokarts

All wheels rotate freely
No damage to tyres or bearings
Check all handwheels and bolts are sufficiently tightened
No damage to chassis, sail, mast, or seat
Sheet rope is free from damage and all pulleys operating freely
Steering operates freely
No sharp protruding parts

Kitewings

No damage to sail/boom/battens/leash
Safety leash correctly fitted

Equipment checks are especially important when using new, unfamiliar or secondhand equipment for the first time. Check and then Check again, if you're not sure ask.

2. Setting Up

There is a small risk of minor injury to pedestrians arising from moving a rigged sandyacht from the car park to the beach. The risk arises from the possibility of the lightweight boom swinging & hitting someone or, if windy, the yacht being blown over & the falling mast hitting someone on the head.

The risk is removed if the yacht is rigged on the beach.

Similarly, there is a risk of someone tripping over the axle of a land yacht being wheeled towards the beach on a crowded path.

Make sure pedestrians in danger of tripping over the axle are aware of your presence, for instance by giving a cheery greeting.

3. Daily Site & Condition Assessment

Prior to sailing, the pilot must make an assessment of both the weather conditions and the condition of the beach and other users.

If the wind is too high for your experience or equipment – Do not Sail.

Likewise if the beach is unsailable due to surface conditions, tide coverage or an excess of pedestrians – Do not Sail

4. The General Public.

The main risk to the public is that of shock or surprise, when an unseen land sailor passes silently close by.

At slow speeds (10 - 15 mph) it is safe to pass within 5m of pedestrians, provided they can see the sandyacht approaching.

Un sighted pedestrians should be avoided by 20m minimum.

At higher speeds, all pedestrians should be avoided by 20m minimum; 50m if the pedestrians are unsighted.

For the avoidance of any doubt, the kite is considered to be part of the buggy.

The kite must not pass within the stated distances of pedestrians.

Pay special attention to fishermen on the beach, lines can often be invisible from a distance, treat them as unsighted pedestrians and avoid by 50m.

5. Children.

Children are prone to run towards land sailors waving & shouting "Can I have a go?"

They are not a major problem as you can hear & see them coming, & you will be 20 - 50 metres away from them. Most will keep clear if firmly told to do so.

6. Dogs.

A major problem, as most dogs can easily outrun a slow moving land sailor.

The risk is that the dog will be run over by a rear wheel.

Talking in a friendly voice to the dog is helpful, as are authoritative commands of "Stay!" or "Home!"

If it is possible to identify the dog's owner, try to lead the dog back within earshot of it's owner, but only if practicable.

Alternatively, try sailing away from the dog in the fastest direction, until the dog gives up ... but only if practicable.

If the dog is relatively friendly, stop & make a fuss of it. The dog may eventually run off, or it's owner may appear.

There is no easy answer to the problem, but most dogs have a keen sense of self-preservation &, whilst appearing certain to get themselves run over, they usually manage to avoid the wheels.

7. Horses.

Horses do not like kites or sails, especially if they are flapping.

All horses should be avoided by at least 100m. If this is not practical, the yacht should be stopped & tipped over to minimise the appearance of the sail & stop it flapping, until the horses are at least 100m distant. Similarly, kites should be dropped onto the beach & deflated.

Although uncommon, other livestock can find their way onto the beach, treat them as horses and avoid by a minimum of 100m.

8. 4x4 Vehicles on the beach.

Some 4wd vehicles can drive very close to land sailors, purely out of curiosity, & the risk is that a land sailor can turn into the path of a 4wd.

The land sailor should always look before turning.

In practice this is rarely a problem as the land sailors are infinitely more manoeuvrable than a 4wd, but it can give the land sailor a fright.

8. Other Land sailors.

All land sailors must be aware of the relevant rules applicable to their particular type of Land sailor.

The risk is that a novice may cause an accident by doing something unexpected through ignorance / inexperience.

All land sailors must satisfy themselves that their fellows out on the beach are suitably experienced, & enlighten those in need of tuition.

Details of the rules applicable to each sport are available from the Club.

General rules, like bear right when approaching head-on, & give way to yachts approaching from the right, must be known by all.

If anyone has any doubts about the rules, then contact the Club as ignorance can be dangerous.

9. The Beach.

If the beach is wet, the spray from the wheels can impede the pilot's visibility.

If the beach is rippled, it can be uncomfortable to sail on. If rippled, the beach is invariably wet, which can impair visibility.

If visibility is poor then the risk of hitting something on the beach is greatly increased. It's best to stick to the dry areas, or ensure you adjust your speed accordingly.

If a landyacht sails into holes at speed, it is possible for the pilot's feet to come off the steering pedal, resulting in momentary loss of control. At worst, the result is a capsize within 20m, so the public are not at risk.

Sandyachts cannot move if the sand is soft, whereas parakarts can sail slowly on soft sand. The sand is invariably soft near the high water mark.

Obstacles on the beach are usually clearly visible, e.g. wrecks & poles. Short poles or flotsam can be difficult to spot on a windy day when the sand is drifting. If visibility is poor, speed should be adjusted accordingly.

10. The Tide.

The incoming tide can leave you with no sailable beach left to sail on, in which case you have a long walk back to the slipway.

This is not a problem as common-sense dictates that you sail back towards the slipway as the tide comes in.

When the tide is coming in be aware that this reduces not only your sailable area, but also the area in which the general public may be present.

Having less beach to sail on does not reduce the distance by which pedestrians must be avoided. Adjust your speed and course accordingly.

11. **The Wind.**

The wind can be gusty, particularly if a squall is coming in off the sea.

If the wind becomes too strong, it is simply not possible to sail.

In very light winds, particularly towards the end of the day, there is a risk that the wind will die away completely, leaving you with a long walk back to the slipway.

The weather can change quickly out on the beach. Rain can appear from nowhere, & the temperature can drop rapidly.

Always make sure you have suitable clothing if you are going out on the beach for several hours.

12. **The Participating Land Sailor.**

If the wind is up, there is a major risk that the participant will enjoy the sailing & get carried away. Capsizes, wheel-waving, spin-outs and sailing backwards are common and are usually a sign that someone is enjoying themselves. Pedestrians are not at risk, as they are 20 - 50m distant.

The beach can be an inhospitable & dangerous place.

If the wind drops, or a tyre punctures, you can be faced with a 5 mile walk back to your car.

If your health & personal fitness is poor & such a strenuous walk might endanger your health, then do not venture far from the start of the Landsailing zone.

13. **Safety first.**

The only person who is going to get you home at the end of the day is ... You ! Think about it. If you have an accident it will be a miracle if the emergency services get to you within an hour.

Take no risks & you will at least be able to go home when the day is over.

Make sure you take ample & adequate suitable clothing with you onto the beach; suitable tools & spares in case of breakdowns; water & a mobile phone with the relevant contact numbers.

In all cases, be safe, have fun, leave nothing but tracks and get home safely.

14. Vehicular Access to Beach.

CLSC can negotiate vehicular access to the beach for the purpose of disabled access and/or Safety Cover. This is only possible with the agreement of CCC. All arrangements to organise access must be processed via the Committee.

All vehicles accessing the beach are to be road legal, taxed and fully insured. Documents must be supplied to the committee and CCC.

Drivers accessing the beach must be aware of the following guidelines:

Speed Limits – whilst driving to the slip, 5mph max. Be aware of pedestrians and be courteous and considerate at all times.

Once on the beach and clear of pedestrians 10mph max.

Unnecessary speeding will be treated as a disciplinary offence.

Should a trailer be used, all loads are to be adequately secured.

Passengers are to be carried as per the vehicles legal on-road capacity.

Overloading, Passengers hanging on the exterior of the vehicle or Trailer, will be treated as a disciplinary offence.

Section Five

Location Specific Assessments

These location specific risk assessments should be read in conjunction with the general risk assessment in section four, and the location maps in section ten.

Pembrey Sands (Cefn Siden)

A. General Information

The beach is owned by Carmarthenshire County Council (CCC).

In 2004 CCC entered an Agreement with the Club under which the Club is the sole body responsible for the operation of all windpowered craft on the beach.

The Club works closely with the Pembrey Country Park Staff & all members must be aware of their responsibilities whilst on the beach.

The beach forms part of the Pembrey Country Park, with access via a toll booth, so bring plenty of change. The peak toll is (as at 17.12.16) currently £5.00 during the school summer holidays (manned) dropping to £2.00 (coins in unmanned kiosk) during October to March each year.

Season tickets for access to the park are available and run from April through to March the following year.

There are large car parks near the beach. Expect to walk 400 yards to the slipway, 100 yards over soft sand to the beach, then 300 yards to set up zone (B) where you can rig up.

B. Sailing Restrictions

The Landsailing Zone is shown on the accompanying plan & must be strictly adhered to at all times.

From the slipway (C), walk 300 yards right / Northwest to (B). Rig at (B) & sail slowly at no more than 15mph Northwest to (A). All Land sailing activity takes place Northwest of (A).

The MOD control the area North of the Range Mark, & this area of the beach is often closed off during normal working hours - for details see the accompanying map.

If you go exploring the Northern Banks there is a major risk of being cut off by the tide, as the big gully nearest the dunes is the first to fill & connect up with the river. The northern banks should only be explored by experienced sailors, carrying a mobile phone.

Make sure you take ample & adequate suitable clothing with you onto the beach; suitable tools & spares in case of breakdowns; water & a mobile phone with the number of the Visitor Centre (01554 833913) in it, plus 01792 366534 (the Coastguards) if you are heading for the Northern Banks.

Take food & a first aid kit if possible.

Only Club members are allowed to sail on the beach.

CLSC identification bands must visually displayed on your craft or on your person when sailing

A maximum of 70 CLSC identification bands will be available on a first come first served basis at the Container.



- C - Main Beach Entrance
- B - Set Up Point
- A - Start of Fly Zone

Transition Zone B -> A

Pendine Sands

A. General Information

The beach is owned by the Ministry of Defence (MOD) and Pendine Community Council (CCC)

In May 2005 CCC entered into an Agreement with the Club under which the Club is the sole body responsible for the operation of all wind powered craft on the beach.

The Club works closely with the C.C.C's Beach Ranger staff & all members must be aware of their responsibilities whilst on the beach. When required, all members must follow the directions and instructions of the Senior ranger and their staff.

The wind sailing zone is within the MOD section of land. This area is not available when the Defence establishment is operational, as indicated by red flags and signs.

The zone is normally available Mon – Fri from 4.30pm to 11.00pm and all day on Saturday, Sunday and Bank Holidays unless the MOD indicate otherwise.

However, the operational requirements of the MOD (as managed by QinetiQ) take precedence over other uses and the facility may be closed without notice.

The MOD can prohibit public access to any part of their land when the red flag is flying or when trials are being carried out.

There are byelaws covering the MOD beach area – (Byelaws SI No 1627 of 1973, copy attached). These in particular prohibit any digging on the beach or driving any poles, masts or other fixtures into the ground. Tents, kiosks, stalls and similar structures are prohibited.

Any user who discovers any munitions or suspicious objects on the beach should not touch or pick these up but report immediately to QinetiQ.

There is no access to the MOD's adjoining and adjacent property north of the fence line above the beach.

No consumption of alcohol can take place on MOD land.

Parking is at the Beach Car Park, with overflow facilities on adjoining MOD land as directed by the Rangers.

Expect to walk 600 yards from the car park to the MOD sign/slip where you can rig up and sail slowly through the transition zone to the allocated land sailing zone.

B. Sailing Restrictions

The Landsailing Zone is shown on the accompanying plan & must be strictly adhered to at all times.

Walk to the main MOD sign and slip (0,2 miles) and rig here.

Sail away in an easterly direction at no more than 15mph (transition zone) towards the 4th small MOD sign (new signs are to be added indicating the designated windsports zone at the eastern and western ends).

This point will become our boundary to the west. All landsailing activities take place to the east of this.

The furthest point east would be the blocks and the wreck which can be found 4.3 miles down the beach. This would be the furthest point to buggy to, as after that the sand gets really soft and unusable and there are important conservation interests at the estuary.

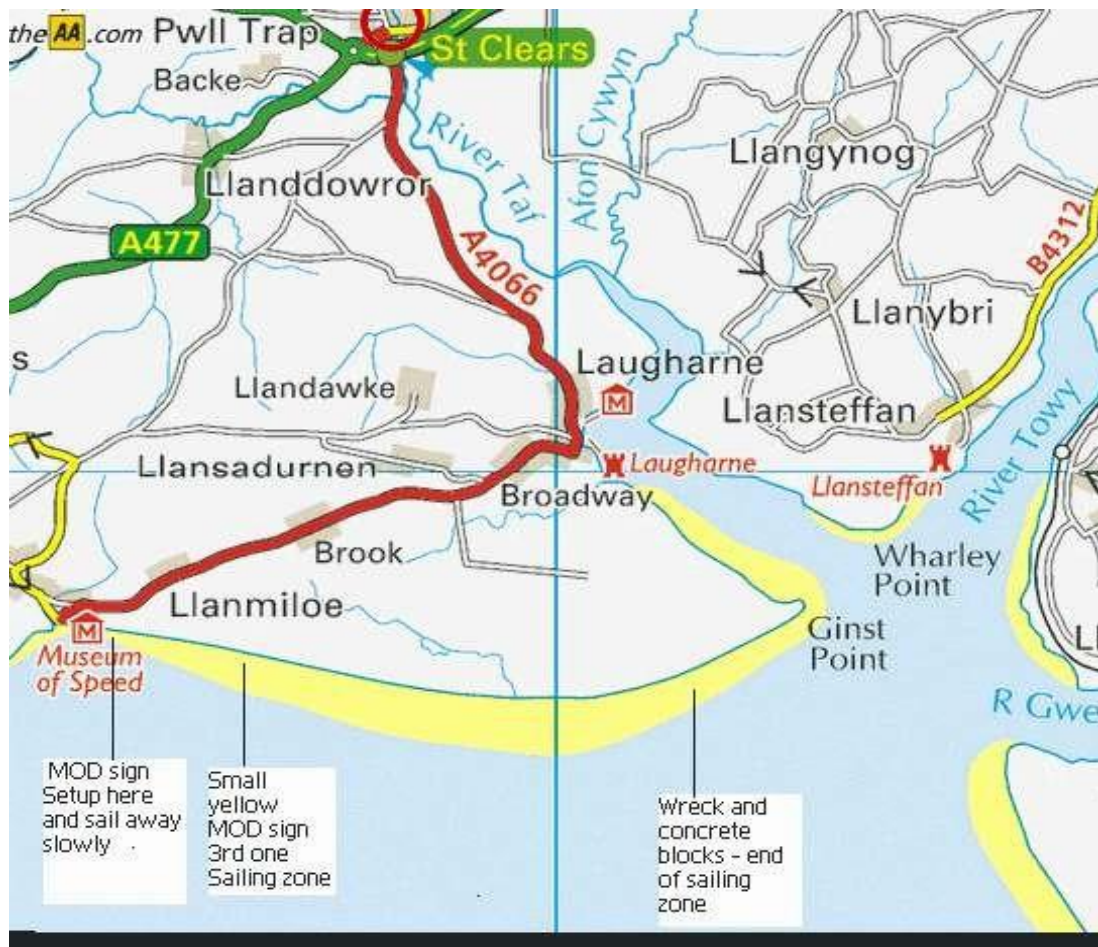
The area east of this has been designated an area of SSI (Special Scientific Interest) and must not be encroached upon, under any circumstances.

A maximum of 70 members will be allowed to sail at any one time.

CLSC identification bands must visually displayed on your craft or on your person when sailing on Pendine.

A maximum of 70 CLSC identification bands will be available on a first come first served basis at the storage box adjacent to the Wardens Portakabin at the top of the slip.

Make sure you take ample & adequate suitable clothing with you onto the beach; suitable tools & spares in case of breakdowns; water & a mobile phone with the number of the local wardens in it.



Entrance via slip by Museum of Speed

Set Up Point by large MOD sign approx 100 metres from slip

Start of Fly Zone deliniated by 3rd small yellow MOD sign by dunes

End of Fly Zone deliniated by large concrete blocks and wreck on Eastern end of beach

Transition Zone - From Large MOD Sign to 3rd Small MOD sign

No Wind Based Traction Activities West of Large MOD sign

No Wind Based Traction Activities East of Concrete Blocks and Wreck

Tenby South

A. General Information

The foreshore lease for Tenby South beach is held by Pembrokeshire County Council (PCC) and is also used by other clubs & individuals.

In December 2016 PCC gave written permission to CLSC to be able to sail on the beach.

Members must abide by the land owners rules and regulations and ensure that local byelaws are always observed and complied with at all times.

Members must also abide by the CLSC rules and regulations, follow the strict guide lines and risk assessments within this hand book in order to safe guard the general public, animals and themselves when land sailing on public beaches.

Parking is at the beach car park. Members must not take up multiple parking bays, especially at busy periods

No consumption of alcohol can take place on the beach.

B. Sailing Restrictions

A specific risk assessment is currently being undertaken for Tenby South Beach by the CLSC committee.

A maximum of 10 members will be allowed to sail at any one time.

Members must not sail on the beach during peak season/bank holidays and busy periods.

If the beach is busy at any time of the year please do not sail.

Any safety issues and complaints must be reported to PCC and CLSC committee members as soon as possible.

Any events held on the beach must be pre-arranged with PCC and committee members of CLSC

Westward Ho!

A. General Information

The beach is operated by Torridge District Council and is also used by other clubs & individuals.

Members must abide by the land owners rules and regulations and ensure that local byelaws are always observed and complied with at all times.

Members must also abide by the CLSC rules and regulations, follow the strict guide lines and risk assessments within this hand book in order to safe guard the general public, animals and themselves when land sailing on public beaches.

Lifeguards and Rangers operate during peak times. Please assist them in keep your activities within the allocated area.

Make sure you take ample & adequate suitable clothing with you onto the beach; suitable tools & spares in case of breakdowns; water & a mobile phone.

B. Sailing Restrictions

The Landsailing Zone is seasonal and the following rules must be observed.

Only class 7 speed sails, kite boards, class 8 parakarts (Kite Buggy) and kitewing landboards are permitted to sail.

All classes of Land Yachts are prohibited from sailing at Westward Ho!

No sailing, or static flying is to take place within 100m of the Pebble Ridge. This is a year round rule.

In addition in Summer Season (1st June – 30th September) the following conditions also apply:

All Sailing and static flying must be 100m North (towards the estuary away from the town end) from the green lifeguard hut on the walkway over the pebble ridge at the Sandymere Car park. The Sailing zone extends to the tideline and North towards the estuary. (see attached location plan)



Porth Newgale Beach (Hells Mouth)

A. General Information

The beach is owned by Cyngor Gwynedd Council (CGC) and operated by the Maritime and Park Services. The beach is also used by other clubs & individuals

In December 2016 the Maritime and Park Services gave written permission to CLSC to be able to sail on the beach.

Members must abide by the land owners rules and regulations and ensure that local byelaws are always observed and complied with at all times.

Members must also abide by the CLSC rules and regulations, follow the strict guide lines and risk assessments within this hand book in order to safe guard the general public, animals and themselves when land sailing on public beaches.

Make sure you take ample & adequate suitable clothing with you onto the beach; suitable tools & spares in case of breakdowns; water & a mobile phone.

No consumption of alcohol can take place on the beach.

There is a small car park at the main access point, Members must not take up multiple parking bays, especially at busy periods. Please be aware there are no toilet facilities at this beach.

The beach is sandy from mid tide level to low water.

B. Sailing Restrictions

A specific risk assessment is currently being undertaken for Porth Newgale Beach by the CLSC committee. Please regularly check the club web site for updates

During the main summer seasons it is advisable to contact the Maritime and Park Services Beach Control Officers on telephone number 01758 704066 in advance to check if restrictions are being enforced. Please visit Maritime and Park Services website <https://www.gwynedd.llyw.cymru/en/Residents/Leisure-parks-and-events/Maritime.aspx> for further information and to see copies of the beach maps and safety pamphlets.

Any safety issues and complaints must be reported to Maritime and Park Services Beach Control Officers on telephone number 01758 704066 and CLSC committee members as soon as possible.

Any events held on the beach must be pre-arranged with Maritime and Park Services and committee members of CLSC before taking place

Harlech

A. General Information

The beach is owned by Cyngor Gwynedd Council (CGC) and operated by the Maritime and Park Services. The beach is also used by other clubs & individuals.

In December 2016 the Maritime and Park Services gave written permission to CLSC to be able to sail on the beach.

Members must abide by the land owners rules and regulations and ensure that local byelaws are always observed and complied with at all times.

Members must also abide by the CLSC rules and regulations, follow the strict guide lines and risk assessments within this hand book in order to safe guard the general public, animals and themselves when land sailing on public beaches.

Make sure you take ample & adequate suitable clothing with you onto the beach; suitable tools & spares in case of breakdowns; water & a mobile phone.

No consumption of alcohol can take place on the beach

There is a pay and display car park at the main access point opposite the castle. Members must not take up multiple parking bays, especially at busy periods

Access to the beach is via a good path, but there is a locked gate to prevent vehicle access and a steep sand dune onto the beach.

B. Sailing Restrictions

A specific risk assessment is currently being undertaken for Harlech Beach by the CLSC committee. Please regularly check the club web site for updates

During the main summer seasons it is advisable to contact the Maritime and Park Services Beach Control Officers on telephone number 01758 704066 in advance to check if restrictions are being enforced.

Please visit Maritime and Park Services website
<https://www.gwynedd.llyw.cymru/en/Residents/Leisure-parks-and-events/Maritime.aspx> for further information and to see copies of the beach maps and safety pamphlets.

Any safety issues and complaints must be reported to Maritime and Park Services Beach Control Officers on telephone number 01758 704066 and CLSC committee members as soon as possible.

Any events held on the beach must be pre-arranged with Maritime and Park Services and committee members of CLSC before taking place



Morfa Bychan Beach (Black Rock Sands)

A. General Information

The beach is owned by Cyngor Gwynedd Council (CGC) and operated by the Maritime and Park Services. The beach is also used by other clubs & individuals.

In December 2016 the Maritime and Park Services gave written permission to CLSC to be able to sail on the beach.

Members must abide by the land owners rules and regulations and ensure that local byelaws are always observed and complied with at all times.

Members must also abide by the CLSC rules and regulations, follow the strict guide lines and risk assessments within this hand book in order to safe guard the general public, animals and themselves when land sailing on public beaches.

Make sure you take ample & adequate suitable clothing with you onto the beach; suitable tools & spares in case of breakdowns; water & a mobile phone.

No consumption of alcohol can take place on the beach

Vehicle are allowed onto the beach though there is an entrance charge of £5.00 per vehicle from 1st April to the end of September.

Park in designated areas and be mindful of the incoming tide. Keep within the 10 M.P.H. speed limit on the beach. Road Traffic Regulations are enforced on the beach - vehicles contravening the regulations will be prosecuted and excluded from the beach.

Do not venture onto the area known as 'North Bank' with your vehicle, as you will become trapped in the soft sand - there is a charge for towing you free before the tide submerges the vehicle.

Be extremely vigilant and alert whilst manoeuvring your vehicle on the beach

B. Sailing Restrictions

A specific risk assessment is currently being undertaken for Harlech Beach by the CLSC committee. Please regularly check the club web site for updates

There is no land sailing permitted at Black Rocks between 1st April and 30th October, however on windy days when the beach is less populated it may be possible to sail.

You must contact the Maritime and Park Services Beach Control Officers on telephone number 01758 704066 in advance to check if restrictions are being enforced.

Please visit Maritime and Park Services website
<https://www.gwynedd.llyw.cymru/en/Residents/Leisure-parks-and-events/Maritime.aspx> for further information and to see copies of the beach maps and safety pamphlets.

Any safety issues and complaints must be reported to Maritime and Park Services Beach Control Officers on telephone number 01758 704066 and CLSC committee members as soon as possible.

Any events held on the beach must be pre-arranged with Maritime and Park Services and committee members of CLSC before taking place



Mochras (Shell Island) to Tal-y-Bont

A. General Information

The beaches are owned by Cyngor Gwynedd Council (CGC) and operated by the Maritime and Park Services. The beach is also used by other clubs & individuals.

In December 2016 the Maritime and Park Services gave written permission to CLSC to be able to sail on the beach.

Members must abide by the land owners rules and regulations and ensure that local byelaws are always observed and complied with at all times.

Members must also abide by the CLSC rules and regulations, follow the strict guide lines and risk assessments within this hand book in order to safe guard the general public, animals and themselves when land sailing on public beaches.

Make sure you take ample & adequate suitable clothing with you onto the beach; suitable tools & spares in case of breakdowns; water & a mobile phone.

No consumption of alcohol can take place on the beach

B. Sailing Restrictions

A specific risk assessment is currently being undertaken for the beaches between Mochras (Shell Island) to Tal-y-Bont by the CLSC committee. Please regularly check the club web site for updates

There are no all year round restrictions but during the main summer season it's advisable to keep away from the area of beach directly adjacent to the main caravan parks, e.g. Sunny Sands, Caerddaniel, Islawffordd and Dyffryn Seaside Estate, as they are very populous

It is advised that you contact the Maritime and Park Services Beach Control Officers on telephone number 01758 704066 in advance to check if restrictions are being enforced. Please visit Maritime and Park Services website <https://www.gwynedd.llyw.cymru/en/Residents/Leisure-parks-and-events/Maritime.aspx> for further information and to see copies of the beach maps and safety pamphlets.

Any safety issues and complaints must be reported to Maritime and Park Services Beach Control Officers on telephone number 01758 704066 and CLSC committee members as soon as possible.

Any events held on the beach must be pre-arranged with Maritime and Park Services and committee members of CLSC before taking place.

Section Six

Accident Reporting Policy

Rationale

We must now maintain a HSE B1 510 Accident Book. This is to provide records to support/refute any claims made against the Insurance policy.

Record Maintenance

Due to the legal regulations covering data protection and record maintenance, the accident book for CLSC will be kept off-site by the committee.

Reporting an Incident/Accident

In the event of an accident or other incident that needs to be entered in the accident book, please contact a committee member by phone or email.

The accident book will then be filled in and the Aviva/HCC International Insurance Company PLC officers informed. In the event of a serious accident / incident, please contact the committee immediately.

What needs reporting?

Examples of incidents/accidents needing reporting.

Any incident/complaint involving a member of the public / animals.

Any incident where off site medical treatment is required.

Any incident where a collision between landsailors is involved. Any injury/complaint arising from club organised instruction and/or club organised events

Examples of things not to report

OBE's, Faceplants, Capsizes – unless involving any of the above.

Damage to Buggys/Yachts/Kites etc caused by Pilot Error

Damage to vehicles left in the car park

In essence, any accident/incident that may result in a third party claim against the Club's policy must be recorded.

Footnote

Remember: Club Insurance, will not cover you for any injuries you may sustain as a result of pilot error, nor will it cover damage to your equipment. Club insurance is a third party insurance policy to cover Third Party Claims only.

Should you feel the need, specialist personal accident insurance policies and equipment policies are available, please consult your local insurance broker.

Section Seven

Child and Youth Protection Policy

This document is available to download separately from the Resources area of the Club Website.

Section Eight

Constitution of Carmarthenshire Land Sailing Club

1. Name & Logo

The name 'Carmarthenshire Land Sailing Club' and its logo shall be the reference and property of the club.

2. Address

The Secretary shall be the mailing centre.

3. Status

The club is not currently affiliated to any other organisation.

4. Aims & Objectives

4.1 To establish a single body for the development and promotion of kite buggying, kite land boards, land yachts class five and eight, mini yachts and speed sailors, including new developments at both Pembrey and Pendine beaches.

4.2 To develop a structure containing training/competencies in sailing, to lead to licensing, grading and assist in insurance acceptance.

4.3 To run an events programme encompassing all members regardless of ability.

4.4 To develop, designate and manage access to both Pembrey and Pendine beaches.

5. Eligibility & Terms of Membership

5.1 Any individual (subject to 5.5) may request membership for one of the two categories Full Guest. Current rates of subscription and application forms are available to download from the club website

5.1.1 Full

A member will be issued with a membership number, full access to all club reference documents, eligibility to enter all events, attend committee meetings as an observer, attend the Annual General Meeting, vote at the Annual General Meeting and stand for a committee position.

5.1.2 Guest

Current guest membership is on a daily basis and is to be applied for two weeks in advance of the intended visit. All guests must be accompanied by a current full member of the club. Application forms are available to download from the club

website. Guest membership is subject to acceptance of club rules and is offered at the discretion of the committee. Guest Memberships are limited to two visits per person, per year.

General

5.2 Full Membership will run for 12 months from the 1st of January. Failure to renew membership at the end of 12 months will mean that membership will cease.

5.3 The committee shall have the power to terminate or suspend membership of any members or visitors whom it considers guilty of breach of club rules or of misconduct or of offensive behaviour to any other member or visitor.

5.3.1 In the event of membership termination/suspension, the member will receive written confirmation within 5 days.

5.4 The committee has the right to refuse membership renewal. Refusal will be notified in writing, with the option to appeal to the committee.

5.5 Applicants must be suitably fit, in that their general state of health and their physical involvement in landsailing, does not put their own, or other members safety at risk.

5.6 All members must familiarise themselves with all Risk Assessments, Rules and Club policies as laid down in the current Club Handbook (Available to download from the club website or printed copies available on request).

5.7 Membership of the club, includes where applicable, Third Party Insurance cover for Landsailing activities on Pendine Sands, Pembrey and other sanctioned area's. Proof of Insurance is available on request.

5.8 No refunds of membership are available.

6. Terms of Subscription & Year

6.1 The financial year for the club will be from the 1st January each year, unless otherwise determined by the members present and voting at the Annual General Meeting.

6.2 The amount of subscription shall be determined by the committee and voted upon at the AGM for implementation in the following financial year.

6.3 The subscription shall be paid annually.

6.4 Members may not sail at either beach, unless their fee's have been paid, in full for the current calendar year.

7. The Committee

7.1 The committee shall consist of 3 officer positions (Chair, Secretary and Treasurer) and up to 3 additional voting members (Club Welfare Officer & Honorary Officers).

7.2 Additionally the club may appoint a Club Trainer, Club Instructor and other officers as required from time to time with the approval of the members at the AGM. Additional roles will be NON Voting Officer positions.

7.3 At any time 2/3 of voting officer positions must be held by members living within a 50 mile distance of Pembrey or Pendine.

8. Duties of the Committee

8.1 The general management of the club shall be vested in the committee.

8.2 The committee shall meet not less than twice per year to discuss club matters and correspondence.

8.3 The committee shall have the power to appoint sub-committee's and coopt members at it's discretion.

8.4 The following elected committee members will have their subscription fee's paid by the club, for the duration of their position.

Chairman

Treasurer

Secretary

8.5 Elected members of the committee must complete self declarations for the club's Child and youth Protection policy, or step down from their positions.

8.6 Elected members of the committee are entitled to claim 'out of pocket' expenses, including travel and accommodation costs, where these are incurred as a result of club business.

9. Duties of Officers

9.1 Chairperson - The Chairperson will chair the Committee and the Annual General Meeting and perform duties for furthering the aims and objectives of the club as may from time to time be determined.

9.2 Treasurer - The Treasurer shall keep the accounts of the club and shall prepare the annual statement of accounts and balance sheet, which after audit will be circulated amongst the members at the Annual General Meetings. He/she must provide a financial statement of the club when called upon to do so and warn club officers of any concerns.

9.3 Secretary - The Secretary shall conduct the correspondence of the club and have custody of all documents belonging to the club. He/she shall keep full and correct minutes of all meetings. At present he/she will also be responsible for the processing of all members applications, enquiries regarding the club & membership, full records of members, general circulars and notification to members.

9.4 Honorary Member(s) - The Honorary Member(s) shall attend and vote at committee meetings on behalf on the members. Also to ensure that the committee acts in the best interest of the members.

9.5 Club Trainer - The Club Trainer shall be responsible for the preparation of members for Licence and Instructor Testing. Also the designation and inspection of the beach.

9.6 Club Welfare Officer – The Club Welfare Officer is responsible for the operation of the clubs Child and Youth Protection Policy, will act as the first point of contact in all related matters, ensure the policy is complied with and maintain the relevant records.

9.7 Club Instructor - The Club Instructor(s) will be responsible for the testing of members for licensing and instructing.

9.8 The committee shall have the power to fill vacancies occurring during the year pending the next Annual General Meeting.

9.9 Race Officer – the Race Officer will be responsible for the organisation and safe running of all club race events.

10. Election of Officers

10.1 All officers shall be elected at the Annual General Meeting.

10.2 Each candidate shall be proposed and seconded by two members and in the case of an uncontested position there shall be no vote.

11. Meetings (AGM & Committee)

11.1 AGM

11.1.1 The AGM (Annual General Meeting) of the club will be held in September/October each year.

11.1.2 The members present will receive a report from each committee member, accounts for the year and estimates for the ensuing year.

11.1.3 Members present will vote to confirm the election of the committee.

11.1.4 Members present will vote on any resolution which may be duly submitted to the meeting.

11.1.5 Members present will, after receiving the necessary details from the committee, set the following years subscription fees.

11.1.6 Members present will consider and if approved, sanction and duly make alteration to the rules of the Club.

11.1.7 At least 28 days before the AGM, notice will be via the club website unless written notice is requested by a member without internet access.

11.1.8 Any member desirous of moving any resolution at the AGM shall give notice there of in writing or via email to the Secretary within 14 days from issue of notice of the AGM.

11.1.9 Any member may request an Extraordinary General Meeting given 28 days notice to the committee and all Club Members. The Committee may call Extraordinary General Meetings given reasonable notice.

11.1.10 Any resolution passed must have a 3/4 majority of those members present.

11.2 Voting

11.2.1 The Chairperson shall have the casting vote in the case of a tie.

11.2.2 Election of the committee shall be carried out via a show of hands unless a member requests the use of voting forms.

11.2.3 If there is a need for a vote to be taken at the Annual General Meeting this shall be done by a show of hands of the members present, unless a member requests the use of voting forms.

11.2.4 All current club members are entitled to a proxy vote by post/email should they be unable to attend meetings.

11.3 Committee Meetings

11.3.1 These shall be called from time to time at a frequency of no less than two per year.

11.3.2 Any member wishing to receive notification of the meetings must lodge their request with the Secretary. Notification will be sent out 14 days prior to the meeting.

11.3.3 Any member may attend in the capacity of spectator.

11.3.4 Any member may propose a resolution in writing at least 14 days prior to the meeting to the Secretary and at the meeting present their proposal for consideration by the committee on behalf of the members.

12. Child and Youth Protection Policy

12.1 All members are to familiarise themselves with the Club's Child and Youth Protection Policy, and follow the best practice guidelines, laid down therein.

12.2 The Child and Youth Protection policy must be reviewed on an annual basis, to ensure best practice is being carried out.

12.3 The Club Welfare officer must ensure all Instructors complete Self Declaration forms, and where necessary, request the committee consider the use of Criminal Record Disclosure searches.

13. Training Policy

13.1 All Club members are entitled to basic training from Club Instructors.

13.2 All Club Instructors will hold a PKSF accredited qualification or equivalent

13.3 Club instructors will, where practical, carry out instruction to the guidelines set by the committee.

13.4 Club instructors will adhere rigidly to the Child and Youth Protection Policy guidelines.

13.5 The Committee may offer, at its discretion, training courses it sees as beneficial to its members.

13.6 The club will pay 'out of pocket expenses' (including mileage and overnight accommodation at cost) for Club Instructors while carrying out Committee sanctioned training. Payment of these expenses must be agreed in advance.

14. Accident Policy

14.1 All reportable accidents/incidents must be reported to the Committee in line with the Clubs Accident Policy.

14.2 The Committee will retain all records of accidents in line with guidance from the insurance provider.

15. Club Equipment Policy

15.1 The committee may suggest the purchase of equipment that it deems suitable for the benefit of club members from club funds.

15.2 Any such purchases will be put to a vote by the membership, unless a unanimous consensus is reached by the full committee.

15.3 Any club equipment will be maintained by the club, using club funds, except where 15.4 applies

15.4 Any club member found to have deliberately damaged club equipment will be asked to pay for any repairs or replacement to make good. Further more, disciplinary action may be taken at the discretion of the committee.

15.5 Club equipment is reserved exclusively for current full club members, guest members should only be permitted to make use of club equipment under supervision and where no use of the club equipment by full members is required.

16. General Procedures

16.1 Any service of notice shall be by 1st class post to the last known address of the member and deemed to have been received on the 2nd day after posting or via e mail where available

16.2 All cheques drawn on behalf of the club shall be signed by two officers of the committee.

16.3 The assets of the club are held by the officers of the club as trustees.

16.4 The club may be dissolved whenever a resolution to Dissolve has been passed by a simple majority of 3/4 of the members who are present and a vote at a General meeting especially called for the purpose, which 21 days clear notice specifying the purpose has been duly given. The dissolution shall be carried out by the committee who shall have the power to dispose of any assets held by or on behalf of the club and any assets remaining after payment of its debts and liabilities shall be paid to a charitable institution or institutes nominated by the committee.

17. Data Protection

17.1 All personal information supplied by members for the purpose of joining the club, is treated as confidential and will not be disclosed to any third parties (except 17.3).

17.2 All documentation related to self-disclosure and Criminal Records Disclosure will be treated strictly confidential and will be destroyed or returned to the applicant should a member leave the club.

17.3 The Committee will, only when legally necessary, divulge personal information to the Emergency / Law Enforcement Services. This will only be carried out in the event of serious injuries, or where breaches of Child and Youth Protection Policy are involved.

17.4 Information provided for the reporting of accidents, will be treated as confidential and will only be disclosed in the event of a related claim against the Club or the insurance policy.

Section Nine

Website Terms and Conditions

The CLSC website features a forum used by members for chat, arranging meets and discussion of club-related matters. Registration for the use of the forum and the remainder of the website is subject to agreement of the terms and conditions, as follows:

1. Use of the CLSC forum is offered on a discretionary basis, users may be barred if found to be in breach of the terms and conditions.

2. Parents, adults and young people should note that this is not designed for use by young people and we recommend a minimum age of 16.
3. You agree, through your use of this, that you will not post any material which is false, defamatory, inaccurate, abusive, vulgar, hateful, harassing, obscene, profane, sexually oriented, threatening, invasive of a person's privacy, or in violation of ANY UK law.
4. Spam, flooding or any commercial advertising are also inappropriate to this forum and will be removed by us without notice.
5. Please do not crosspost (ie post the same message in several areas of the at the same time). Messages should be posted in the most appropriate thread. Crossposts may be removed by us without notice.
6. You also agree not to create a database (electronic or otherwise) that includes material downloaded or otherwise obtained from this website.
7. You also agree not to post any copyrighted material unless the copyright is owned by you or you have consent from the owner of the copyrighted material.
8. The messages express the views of the author, not necessarily the views of the Carmarthenshire Land Sailing Club.
9. Anyone who feels that a posted message is defamatory or otherwise objectionable is encouraged to notify us by emailing webmaster@clsc.uk.net immediately. This is a manual process, however, so please realize that we may not be able to remove or edit particular messages immediately.
10. We reserve the absolute right to remove any content which we, in our discretion, consider to be defamatory, objectionable, unlawful or otherwise inappropriate and to do so without seeking the consent of, or giving notice to, the poster of the content in question.
11. You have the ability, as you register, to choose your username. We advise that you keep the name appropriate. With this user account you are about to register, you agree to never give your password out to another person except an administrator, for your protection and for validity reasons. You also agree to NEVER use another person's account for any reason. We also HIGHLY recommend you use a complex and unique password for your account, to prevent account theft.
12. After you register and login to this forum, you will be able to fill out a detailed profile. It is your responsibility to present clean and accurate

information. Any information we determine to be inaccurate or vulgar in nature will be removed, with or without prior notice. Appropriate sanctions may be applicable.

13. Also note that the software places a cookie, a text file containing bits of information (such as your username and password), in your browser's cache. This is ONLY used to keep you logged in/out. The software does not collect or send any other form of information to your computer.
14. In addition, members joining the club will be allowed access to the Members only discussion boards. Members covered by the Child and Youth Protection Policy will not be permitted access to the 'Flame Pit' discussion board. This board is reserved for use by Adult members of the club only.
15. Users failing to comply with these terms and conditions will be prevented from using the site, and in the case of Club members, may have their club membership reviewed.

Please note: it is impossible for us to confirm the validity of posts on this forum. Please remember that we do not actively monitor the posted messages and are not responsible for their content. We do not warrant the accuracy, completeness or usefulness of any information presented.

Section 10 Contact Details

Phone: 07847 665966

This phone is held by the committee, and is generally answered from 9am – 5pm. However, in the event that your call is not answered, please leave a message and someone will call you back

Email:

The committee can be reached on the following Email addresses

Chairman – chairman@clscuk.com
Treasurer – treasurer@clscuk.com
Secretary – secretary@clscuk.com
Membership Secretary – membership@clscuk.com

Forum:

General queries can be answered on the club forum on our website at www.clscuk.com

Please note in order to post messages, you will need to register and agree to the terms and conditions.

All club members have full access to the forum.
Non-club members will not be able to view club discussions.

Post:

The postal address for all applications and any other correspondence is:

Carmarthenshire Land Sailing Club
c/o 24. St. Mary's Crescent
Garth
Maesteg
Bridgend
CF34 0UX

Last Updated – December 2017

All content produced by Carmarthenshire Land Sailing Club – Please ask before reproducing it elsewhere.